

WEEK 5 · TASK 3

Write Your Family AI Policy

Built with the kids. What AI is for. What it never replaces.

If you have a guardrail for yourself (Week 1.T1) you need one for the household. Build it WITH the kids — old enough to read, old enough to help.

Action checklist

- Gather the kids old enough to participate. 15 minutes max.
- Three questions, on paper:
 - What is AI helpful for in our home?
 - What is AI NOT for in our home?
 - What's the rule if someone breaks it?
- Have the oldest write the policy. Parents add nothing — only ask questions.
- Sign it. Post it on the fridge next to the rhythm asset.

WHY WITH THE KIDS?

A rule the kids helped write is one they'll defend. A rule you dictate becomes one they sneak around.

Scripture sit

Proverbs 22:6 — "Train up a child in the way he should go." Including the way he uses tools.

What I noticed

Captain's next move
