

Write Your Family AI Policy (Together)

Joshua 24:15 in 2026 form. 15 minutes. With your wife.

AI is in your house whether you write a policy or not. Write it. Sign it together. Post it.

Action checklist

- Sit down with her. 15 minutes, no phones except for note-taking.
- Write 5 rules together:
 - When AI is on (work hours, planning, drafting)
 - When it's off (meals, bedtime, prayer, intimacy, hard conversations)
 - What kids see (and don't)
 - What stays adults-only
 - What's never asked of AI in this house
- Sign it. Post it on the fridge or in your shared note.
- Post a screenshot in the bootcamp comments.

Scripture sit

Joshua 24:15 — As for me and my house, we will serve the Lord.

What I noticed

Captain's next move
