

Sermon Notes → Captain's Actions

Five actions from Sunday's sermon. Do one today.

Most men leave church with an emotion. Captains leave with a list. Today's task converts last Sunday into 5 things you actually do this week.

Action checklist

- Pull up your notes from last Sunday's sermon (or the recording).
- Open Claude. Paste the notes or transcribe key points.
- Ask: "Pull 5 specific, concrete actions a husband and father should take this week from this sermon."
- Pick ONE. Do it today. Track the other 4 across the week.

IF YOU DON'T TAKE NOTES

That's task 1.5: start taking notes Sunday. A captain who can't quote his pastor by Tuesday has wasted Sunday.

Scripture sit

James 1:22 — "Be doers of the word, and not hearers only." Five actions is the doer's tax on the hearer's privilege.

What I noticed

Captain's next move
