

Write Your AI Charter

Your first guardrail. 5 lines. Saved. Visible.

Captains build guardrails before they touch the throttle. Today's task is the smallest, hardest, most important one of Week 1: define what AI is for in your life — and what it is not for.

Action checklist

- Open Claude or ChatGPT — whichever you already have.
- Write 5 lines: what is AI for in your life? What is it not for?
- Save it where you'll see it daily (pinned note, second-brain, fridge).
- Post one line of your charter in the bootcamp comments.

CAPTAIN'S NOTE

If you can't write the charter, you're not ready to use the tool. That's not a problem. That's the first lesson.

Scripture sit

Proverbs 3:5–6 — Trust in the Lord with all your heart, and lean not on your own understanding (or your tools).

What I noticed

Captain's next move
