

# Pastoral Counseling Prep Workflow (with Redlines)

*AI assists the prep. Never the content of the conversation.*

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For the men in this cohort who shepherd others, this is the most important boundary in the course. AI can help you PREPARE for a counseling conversation — frameworks, relevant Scriptures, questions to ask — but it never touches the content of what's shared in confidence. This week you build the prep workflow and you practice the boundary explicitly, out loud, so it's reflex when the real conversation comes.

## THE ACTION

- Build a prep workflow: given a general situation (no names, no identifying detail), AI offers frameworks, Scriptures, and questions.
- Practice the redline explicitly:
  - Never enter what a person shared in confidence.
  - Never enter names or identifying details.
  - The prep is for your readiness; the conversation stays sealed.
- Write your counseling redline down and keep it with your Week 11 Redlines.
- Use the prep workflow for one upcoming conversation — prep only.

### THE SEAL IS SACRED

What's spoken in confidence is sealed, full stop — no model, no note, no exception. Break that and you've broken the trust that makes shepherding possible. The prep helps you; the secret stays.

## SCRIPTURE

*Proverbs 11:13 — "A talebearer reveals secrets, but he who is of a faithful spirit conceals a matter." Faithfulness here is non-negotiable. The tool never gets what the brother told you in trust.*