

# Ship One Real Cowork Workflow

*One operator task, end to end. Review every step. Keep what works.*

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This is your first real taste of agentic AI — Cowork doing a multi-step task end to end while you supervise. Pick one genuine operator task you owe this week — a proposal draft, a meeting summary turned into action items, a weekly status report — and have Cowork do the whole thing. You review every action. You keep what works and throw out what doesn't.

## THE ACTION

- Pick one real task you actually owe this week — not a toy example.
- Brief Cowork on the task, the inputs, and the output you want.
- Let it run end to end. Watch what it does; don't look away.
- Review every action it took. Ship the parts that are right; redo the parts that aren't. Note where it needed your judgment.

### SUPERVISE, DON'T ABDICATE

Agentic AI is a capable subordinate, not a replacement for the commander. The watchman who stops watching is the one who gets surprised. Review every action — that's the whole discipline.

## SCRIPTURE

*Proverbs 16:3 — "Commit your works to the Lord, and your thoughts will be established." Commit the work, supervise the tool, own the result.*